

2026 Extreme DanceSport Invitational

Friday, April 17, 2026

Doors Open 1:00

Session 1

2:00 PM

Special Needs Latin

Extreme Special Needs Team I Just Might

All-Ladies Pre-Teen Showdance

2:03 PM

Premier Ladies Amethyst Golden
Extreme Pre-Teen Blue Bongo La
Premier Ladies Amethyst Sweet Dreams
Extreme Pre-Teen Blue Come Fly With Me

All-Ladies Junior/Youth Latin Medley

2:19 PM

Premier Ladies JV Diamond Lion King
Extreme Junior Advanced All-Girls Throwback
Premier Ladies Teen Sapphire Aretha
Pacific All-Ladies Dancing in the Mirror
Premier Ladies Varsity Diamond Super Model

Pre-Teen Latin Showdance

2:37 PM

Island Style Pre-Teens Show Steal Your Heart
Premier Pre-Teen Gold Boogie Woogie Bugle Boy
Island Style Pre-Teen A Rock in the USA
Starstruck Pre-Teens Bluey
Island Style Pre-Teens Show Mary Poppins

Special Needs Smooth

Extreme Special Needs Team Open Arms 2:51 PM

Awards

2:54 PM

Session 2

3:05 PM

All-Ladies Ballroom/ Smooth/Lyrical

Premier JV Diamonds Higher
Premier Teen Sapphire Pilot

Pee Wee Showdance

3:10 PM

Extreme Minis Rainbow Connection
Extreme Pee Wees Power of Love
Island Style Pee Wees Humu Humu
Extreme Minis Yellow Polka-Dot Bikini
Extreme Pee Wees Soda Pop
Island Style Pee Wees In Love With A Monster

Pre-Teen Latin Medley 3:27 PM
Island Style Pre-Teen A K Pop
Extreme Pre-Teen Gold Wonka
Premier Pre-Teen Gold Super Mario

Youth Ballroom Showdance 3:36 PM
Cache Valley Ballroom Business of Love
Starstruck Youth Show You are the Reason
Island Style Youth A Even If
Premier Youth Show Miss Kiss Kiss Bang
Cache Valley Ballroom Before You

Junior Ballroom Medley 3:52 PM
Island Style Junior A The Greatest Show
Premier Junior Gold Glamorous
Island Style Junior B Aladdin
Extreme Junior Gold Mr. Disneyland

Youth Latin Medley 4:08 PM
Starstruck Youth Medley Victory Lane
Extreme Youth Blue On Broadway
Island Style Youth B Whitney
Island Style Youth A DJ
Premier Youth Gold Grease
Extreme Youth Gold Rock of Ages

Awards 4:32 PM

Session 3 4:45 PM

Junior Ballroom/Smooth/Lyrical Showdance
Premier Junior B Try

Pre-Teen Ballroom/Smooth/Lyrical Showdance 4:48 PM
Island Style Pre-Teen B That Man

All-Ladies Junior/Youth Novelty 4:50 PM
Extreme Junior Advanced Girls Music Makes Me Lose Control
Premier Varsity Diamond Let It All Go
Extreme Intermediate Girls Brittany Mash Up

Pre-Teen Ballroom Medley 5:01 PM
Premier Pre-Teen Medley Gold Singin' in the Rain
Extreme Pre-Teen Gold Muppets
Island Style Pre-Teen A Princess and the Frog

Youth Novelty Showdance 5:10 PM
Extreme Youth Showcase Newsies
Premier Youth Gold Don't Stop 'Til You Get Enough

<u>Junior Latin Medley</u>		5:18 PM
Premier Junior B	Queen	
Extreme Junior Gold	Jock Jams	
Premier Junior Gold	Motown	
Island Style Junior A	Michael	

<u>Youth Latin Showdance</u>		5:33 PM
Cache Valley Ballroom	Higher	
Extreme Youth Showcase	Nothin' But a Good Time	
Island Style Youth Showcase	Bills	
Premier Youth Showcase	Habanera	
Cache Valley Ballroom	Hit Me Up	

Awards		5:47 PM
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Dinner Break		6:00 PM
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<u>Session 4</u>		7:00 PM
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Elementary Solo Lady Syllabus Swing (Sw)	Quarter Final
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Junior High Solo Lady Swing (Sw)	Semi-Final
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Pee Wee Syllabus Rhythm Swing (Sw)	Semi-Final
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Elementary Solo Lady Samba (S)	Semi-Final
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High School Solo Lady Syllabus Swing (Sw)	Final
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Elementary Solo Lady Samba (S)	Final
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Pee Wee Syllabus Latin Cha Cha (CC)	Semi-Final
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Elementary Solo Lady Syllabus Swing (Sw)	Semi-Final
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Pee Wee Syllabus Rhythm Swing (Sw)	Final
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Junior High Solo Lady Syllabus Latin (S)	Final
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High School Solo Lady Samba (S)	Semi-Final
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Pee Wee Syllabus Latin Cha Cha (CC)	Final
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Elementary Solo Lady Swing (Sw)	Final
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Junior High Solo Lady Swing (Sw)	Final
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Awards		7:28 PM
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Session 5

7:45 PM

All-Ladies Latin/Rhythm Showdance

Premier Ladies Teen Sapphire	Uptown Girls
Premier Ladies Varsity Diamond	No Excuses
Extreme Intermediate Girls	Watch Me Work
Premier Ladies JV Diamond	Runaway Baby

Youth Team Cabaret

7:55 PM

Pacific Ballroom Dance Cabaret Team	Numb
Cache Valley	Three Steps Ahead
Island Style	Blue Skies
Extreme Youth Cabaret	I'll Never Love Again
Pacific Ballroom Dance Cabaret Team	Bring Him Home

Youth Swing Showdance

8:15 PM

Cache Valley Youth Silver	Hustle
Starstruck	Swing Break
Extreme Youth Showcase	All I Do Is Dream Of You
Premier Youth Show	King of New York
Cache Valley Youth Gold	Get Up Off Of That Thing

Awards

8:29 PM

Session 6

8:40 PM

Youth Ballroom Medley

Premier Youth Gold	Top Gun
Extreme Youth Gold	Pirates
Island Style Youth A	Vader
Island Style Youth B	Beauty
Extreme Youth Blue	Piano Man

Junior Latin/Rhythm Showdance

9:05 PM

Extreme Junior Showcase	Aladdin
Island Style Junior B	Piano
Premier Junior Gold	Footloose
Island Style Junior A	Zoo
Extreme Junior Showcase	September

Youth Large Group

9:20 PM

Premier Company All-Ladies	Firework
Extreme Youth Showcase	Hairspray

Awards

9:28 PM

Good Night!

9:35 PM