

**UVU WINTER DANCESPORT FESTIVAL**  
**FEBRUARY 22-23, 2013**  
**UVU PE BUILDING**  
**800 WEST UNIVERSITY PARKWAY, OREM, UT 84058**

**Adult Entry Form**

Man's Name																				
Women's Name																				
Telephone Numbers	m a n										W o m a n									
Mailing Address																				
City/ State/ Zip																				
Man's e-mail Address																				
Women's e-mail Address																				

• Studio or Instructor's Name \_\_\_\_\_

**College Syllabus**

- \_\_\_\_\_ Bronze American Cha Cha (Fri)
- \_\_\_\_\_ Bronze Latin Samba (Fri)
- \_\_\_\_\_ Bronze Ballroom Quickstep (Fri)
- \_\_\_\_\_ Silver American Swing (Fri)
- \_\_\_\_\_ Silver Latin Rumba (Fri)
- \_\_\_\_\_ Silver Ballroom Waltz (Fri)
- \_\_\_\_\_ Gold American Mambo (Fri)
- \_\_\_\_\_ Gold/Gold Bar Latin PD (Fri)
- \_\_\_\_\_ Gold/Gold Bar Ballroom FT (Fri)

**Open**

- \_\_\_\_\_ Novice Latin (S,R) (Sat)
- \_\_\_\_\_ Novice Ballroom (W,Q) (Sat)
- \_\_\_\_\_ Novice Smooth (W,F) (Fri)
- \_\_\_\_\_ Pre-Championship Latin (C,S,R) (Fri)
- \_\_\_\_\_ Pre-Championship Ballroom (W,T,Q) (Sat)
- \_\_\_\_\_ Pre-Championship Smooth (W,T,F) (Fri)
- \_\_\_\_\_ Amateur Smooth (W,T,F,VW) (Sat)
- \_\_\_\_\_ Amateur Latin (CC,S,R,PD.J) (Sat)
- \_\_\_\_\_ Amateur Ballroom (W,T,F,VW,Q) (Fri)
- \_\_\_\_\_ Amateur Cabaret (Fri)
- \_\_\_\_\_ Amateur West Coast Swing (Fri)

\* **There will be a late fee of \$15.00 per couple if received after February 15, 2013**

\*\* Costume and syllabus have the same restrictions as are held for BYU/National Dancesport Championships.

\*\*\* There must be a minimum of three couple in each category or the category will be cancelled.

We have read the Costume Rules and Additional rules for this competition that accompany this entry form and agree to abide by these rules.

\_\_\_\_\_  
Gentleman's Signature (or Parent if under 18)

\_\_\_\_\_  
Lady's Signature (or Parent if under 18)

**ENTRY DEADLINE** February 15, 2013 (without a late fee)

**RETURN ENTRY FORM TO:**

UVU Department of Dance  
c/o Chris Witt  
800 West University Parkway  
Orem, Utah 84058

**Registration Fee of \$10.00** per couple must accompany registration. Make checks payable to Utah Valley University. Each participant and observer will be required to purchase a **\$10.00 ticket at the door for admission**. The Registration fee is **NOT** part of the ticket to the event. Do not send money for admission tickets, those are available at the door the day of the event.

**For more information:**

Phone: Chris Witt 801-863-6757

e-mail: wittch@uvu.edu

We apologize that our online registration is not available this year because our website is currently under construction.

## **RELEASE...**

"In consideration of all goods and valuables, receipt of which is hereby acknowledged, the undersigned hereby irrevocably give and grant to Dancesport Festival/Utah Valley University the right to use, refer to and reproduce programs by means of video tape recordings, hereinafter referred to as "Reproductions"), edited and arranged as you desire, using my name, voice, likeness, acts, poses, appearances and utterances as part of and in connection with my appearance on any program, and in any advertising, publicity and promotion relation to your activities, the program and the products or services of any sponsor(s) thereof; and to exhibit, transmit, distribute, and otherwise use same as you desire in all fields and media throughout the world without limitations. We agree that Dancesport Festival/Utah Valley University, any of their affiliates, subsidiaries and employees shall be free of any liability or claims arising from the production, exhibition, transmission, distribution or use of said programs. -- All reproductions shall be your sole and exclusive property. We hereby forever release and discharge you of any and all liabilities, claims and demands, suit and actions which we ever had, now have, or may have based upon any agreements herein made. We shall defend, indemnify and hold you harmless from and against any and all claims, demands, losses, suits and expenses relating to this agreement. We agree that we have not and shall not accept any money or other valuable consideration for the inclusion in the program of any matter promoting any product or service. This agreement is intended, among other things, to fulfill all requirements of the Civil Rights Law and of any and all other restrictions against violations of our so-called right of privacy. The terms "you and your" and words of similar import, as herein used shall include you and your officers, directors, licensees, lessees, assigns, successors, affiliates, associates, subsidiaries and parents, and all other users of the reproductions, and their employees.

We warrant that we are over eighteen (18) years of age, or are the parents of Junior competitors, and have full right, power and authority to make this agreement. We understand that in permitting us to appear on the program, you are acting in reliance upon this agreement." "No responsibility for loss or theft of articles left in Changing Rooms, Ballrooms, Locker Rooms, or Gymnasiums can be accepted by the Organizers, and neither can they be held liable for injury sustained by persons attending this event. Everyone attending does so at his or her own risk." "All persons attending this event, whether as spectators, competitors, officials, or guests of the organizer, shall be bound by the printed rules, and by participating in this event automatically become obligated to adhere to them."

## **RULES AND REGULATIONS**

1. All competitors must adhere to the rules and regulations adopted by NDCA and held at the BYU/National Dancesport Championships.
2. All Pre-teen, Junior, Youth and Adult Amateur competitors must have an admission ticket
3. Competitors will be allowed to dance no more than two events in any given style. This applies even when dancing up to another age category.
4. All International style syllabus competitions are restricted to the ISTD Bronze, Silver & Gold syllabus. Newcomer and American style syllabus events are limited to the bronze and silver figure, elements and restrictions listed in the NDCA
5. Couples dancing out of syllabus will be warned once & then disqualified.
6. A competitor is eligible to dance in the "newcomer" event (Pre-teen, Junior, Youth) until they have placed in a final of any event in their age classification, provided a quarter-final was danced.
7. Any amateur competitor who wears a costume deemed by the organizers to be unsuitable will be requested to change. If such request is not followed, the competitor will not be allowed to dance and their entry will be canceled.

## **Location & Parking**

The UVU Dancesport Festival will be located in the PE Building Gymnasium (previously known as the Activities Center). This venue offers plenty of seating and better visibility for our guests. Due to construction, please park in the lots at the north end of campus, near the new Library, then enter through the Liberal Arts Building which connects with the PE Building. Because competitors will be dancing on a gymnasium floor, all ladies must wear heel guards on their ballroom and latin shoes.

## **Prize Money (per couple or per team)**

This year UVU will be awarding \$100 prize money to the 1<sup>st</sup> place couple in the Adult Amateur Ballroom, Latin, Smooth, and Cabaret events. The 1<sup>st</sup> place teams in the Youth, Junior, and Pre-Teen Formation events will also receive a \$100 award.

## RULES AND REGULATIONS FOR THE UVU DANCESPORT FESTIVAL

### COSTUME SPECIFICATIONS FOR JUNIORS, YOUTHS, AND ADULTS

Below are the costume specifications for all amateur costumed events. No entry will be considered fully accepted without final costume approval. All Junior, Youth & Adult Amateur costumes of competitors must have their costume approved 1 hour prior to their event.

#### WOMEN

1. Regular cut dance trunks and fishnet hose must be worn.
2. Straps over both shoulders of at least one inch in width are required. If multiple straps go over a shoulder at least one strap must be the required one inch width from front to back. Halter tops or designs that resemble them are not permitted unless they also have the required one inch straps.
3. Lower backs must be covered with a solid fabric from a point five (5) inches above the waist line.
4. Sheer fabric may be used on the arms and the bodice in the front from the bust-line up and in the back from a point five inches above the waist. Straps are not required when colored sheer fabric is used over the shoulders.
5. Skirts may be broken or slitted from the trunk line down, but must cover the legs to mid-thigh when not in motion.
6. Skin from the front to a point several inches behind the sides (axilla-line) must be covered.
7. Cutouts and skin-tone fabric will not be allowed if deemed by the organizers to be inappropriate.
8. Unitards are not allowed.
9. **Must have heel guards on shoes.** Ladies without heel guards will not be allowed to compete.

#### MEN

1. Costumes appropriate to the style.
2. Latin shirts for Adult Amateur & Youth competitors may be open to a point eight inches down from the Supra Sternal Notch (Jugular Notch) .
3. Latin shirts for Junior & Pre-Teen competitors may be open down to the sternum.
4. Sheer fabric may only be worn on the arm. No sleeveless shirts.
5. No earrings allowed

#### ATTIRE FOR PRE-TEEN BOYS

Pre-Teen I & II boys must dress as listed below.

- (1) Trousers
  - (a) Black or dark blue color only
  - (b) High waist optional
  - (c) Underfoot strap optional
  - (d) Satin stripes are not allowed.
- (2) Shirts
  - (a) Plain white or black long sleeved collared shirt only
  - (b) No pleats or ribbing
  - (c) Sleeves to be worn at wrist length
- (3) Sweaters and vests are not allowed.
- (4) Tie - Black color only, may be either straight or bow
- (5) Socks - Black or dark blue color only
- (6) Shoes- Heel height not to exceed 1.5 inches
- (7) Materials - Fabrics must be plain, ie: cotton, polyester, cotton/polyester blend, wool blend
  - (a) No satin or shiny fabrics
  - (b) No glitter, metallic thread, patterns or sequins allowed
  - (c) Decorations - not allowed
  - (8) Makeup - Not allowed
  - (9) Hairstyle - Long hair must be worn in a pony tail

#### ATTIRE FOR PRE-TEEN GIRLS

Pre-Teen girls must dress as listed below.

- (1) Skirt with top or simple dress with attached under garment or leotard top with full skirt
- (2) Skirts
  - (a) Plain or pleated with minimum 1 to maximum 3 half circles. One plain simple underskirt allowed which is no larger or longer than top layer, and is the same or similar color as the outer skirt
  - (b) No uneven hem lines, use of boning, frills, splits, openings, fishing line, or edging (including "lettuce edging"). Edging or trim of any kind, including ribbon, satin, lace, sequins, etc, is not allowed. A simple hem is required.
  - (c) Length of skirt must not be shorter than 3 inches above the knee cap and no longer than 1 inch below the knee cap
- (3) Necklines
  - (a) Boat, high neck, v-neck, sweetheart, 'peter pan' collar, and regular collar are allowed. Edging or trim of any kind, including ribbon, satin, lace, sequins, etc, is not allowed.
- (4) Sleeves
  - (a) Long, short, elbow length, cap, puff. or sleeveless styles are allowed
  - (b) Cannot be replaced by trimmings, frills, or edging on the shoulder line
  - (c) No "finger loops" allowed
- (5) Materials
  - (a) Fabrics MUST be only one color throughout
  - (b) No glitter, metallic thread, or fabric creating 'light or pattern effects'
  - (c) No use of feathers, fringes, bows, belts, frills or sequins
  - (d) No flesh color fabric

(e) Any use of color coordinated 'see through' fabric must be lined from waist to shoulder; for use on arms no lining is needed  
(f) Satin or lace (or similar fabric) is not allowed. Lycra, Spandex, Polyester, plain velvet, and jersey is encouraged.

(6) Shoes

(a) Heel height not to exceed 1.5 inches, and must be block heel style if a dance shoe

(7) Other

(a) No use of arm bands, chokers or headbands

(b) No decoration is allowed on dress or in hair

(c) No jewelry is allowed

(d) No makeup allowed

(e) Use of fake eyelashes, fake fingernails, colored or glitter hairspray is forbidden

(f) Socks: White ankle socks (may have a small amount of lace) or flesh colored pantyhose must be worn

(g) No fishnet tights

(h) Gathering or shirring on the bodice is not allowed.

(i) Edging or trim on the bodice is not allowed.

Diagrams of approved pre-teen boys and girls clothing may be viewed online at: [www.ndca.org/rules-and-results/ndca-rule-book](http://www.ndca.org/rules-and-results/ndca-rule-book)

(Scroll down to the end of rule X.D.)

## **RULES AND REGULATIONS**

This event uses the rules and regulations of the National Dance Council of America, Inc. The NDCA Rule book is available on line at [www.ndca.org/rules-and-results/ndca-rule-book](http://www.ndca.org/rules-and-results/ndca-rule-book).

## **ADDITIONAL RULES**

1. All competitors must purchase an admission ticket. Entry fees are additional.

2. No entry may be accepted that does not include any required registration fee. Requests for refunds will only be honored up to the closing date.

3. Competitors will be allowed to dance no more than two events in any given style. This applies even when dancing up to another age category.

4. All syllabus competitions are restricted to the syllabi that are listed in Appendix I of the NDCA rule book. Newcomer and American style syllabus events are limited to the bronze and silver American Style figures, elements and restrictions. International style syllabus events are limited to the bronze, silver, and gold International Style figures. Couples dancing out of syllabus will be warned once & then disqualified according to NDCA rules.

5. "Newcomer" competitors remain eligible for this category until they have placed in a final of any event in their age classification, provided a quarter-final was danced.

6. Elementary School competitors may dance up into the Junior High School category. Junior High School competitors may dance up into the High School category.

7. Pre-Teen, Junior, and Youth competitors may not compete in any "Newcomer" or "School Syllabus" event in the same style.

8. When Pre-Teen levels are combined the Pre-Teen I competitors may not dance up to any Junior category.

9. Proof of age may be required by the organizers in the event of a question regarding the age of a Pre-Teen, Junior, or Youth competitor.

10. Any competitor who wears a costume deemed by the organizers to be unsuitable will be requested to change. If such request is not followed, the competitor will not be allowed to dance and their entry will be canceled. Specific costume rules are listed separately.

11. Cabaret is restricted to adult couples only. A couple is defined as one boy and one girl.

IF IN QUESTION ALL RULES AND REGULATIONS ARE IN ACCORDANCE TO THOSE USED AT BYU/US AMATEUR NATIONAL DANCESPORT CHAMPIONSHIPS